

D R A F T

*(your school or health clinic letterhead)*

*(date: ex. March 2012)*

### **Health Examination Requirement**

Dear Parents of Eighth Grade Students,

Starting with the 2012-2013 school year, Delaware schools will require that all students entering 9<sup>th</sup> Grade must have a current health examination on file. The health examination must have been done within 2 years of entry into 9<sup>th</sup> Grade and must be received within 30 days from the start of school. The following forms will be accepted:

- a) Delaware School Health Examination Form (2012 form attached); or
- b) Delaware School Health Examination Form (prior to 2012); or
- c) DIAA Pre-Participation Physical Evaluation form (can be accessed at: [http://www.doe.k12.de.us/infosuites/students\\_family/diaa/files/diaa\\_physicaleval.pdf](http://www.doe.k12.de.us/infosuites/students_family/diaa/files/diaa_physicaleval.pdf); or
- d) Health Examination or evaluation document on a form which includes, at a minimum: healthy history, immunizations, results of medical testings and screenings, medical diagnose, prescribed medications and treatments, and healthcare plans.

This notification is provided now so that you will have ample time to obtain a health exam prior to September 2012. As with other regulatory requirements, students who do not meet the requirement will be excluded from school. The Regulation can be accessed at: <http://regulations.delaware.gov/AdminCode/title14/800/815.shtml#TopOfPage>.

Please arrange for an appointment with your health care provider. The attached form and letter should be shared with your provider and returned to the nurse. In the event that your child had a health examination within the past two years, there is no requirement for an additional examination; however, the school will need documentation of the examination.

If you have any questions, please feel free to call me.

Sincerely,

School Nurse  
*(phone number)*

Attachment

D R A F T

*(school letterhead)*

*date (ex. March, 2012)*

Dear Health Provider,

A requirement for a health examination prior to entry into 9<sup>th</sup> Grade was adopted in December, 2011 by the Delaware Department of Education. Starting with the 2012-2013 school year, all students entering both kindergarten and 9<sup>th</sup> Grade must have a health examination done within two years of entry into the grade. To assure compliance for September, we are urging our students to schedule appointments as soon as possible.

The following documents will be accepted by the school:

- Delaware School Health Examination Form (2012 form attached); or
- Delaware School Health Examination Form (prior to 2012); or
- DIAA Pre-Participation Physical Evaluation form (can be accessed at: [http://www.doe.k12.de.us/infosuites/students\\_family/diaa/files/diaa\\_physicaleval.pdf](http://www.doe.k12.de.us/infosuites/students_family/diaa/files/diaa_physicaleval.pdf)); or
- Health Examination or evaluation document on a form which includes, at a minimum: healthy history, immunizations, results of medical testings and screenings, medical diagnose, prescribed medications and treatments, and healthcare plans.

Traditionally, adolescents only seek health care for illnesses and injuries although the American Academy of Pediatrics recommends regular examinations of school-age children. The new regulation promotes the opportunity for them to see their primary health care provide for preventative care. Additionally, health information will be updated for the school.

Sincerely,

*(principal, school nurse, and/or superintendent)*

Attachment