




Farm to School

Farm to School enriches the connection schools have with fresh, healthy food and local producers by changing food purchasing and education practices at schools.

Students gain access to healthy, local foods as well as education opportunities such as school gardens, cooking lessons and farm field-trips. Farm to School empowers children while strengthening the local food economy.

At Colonial, we are fortunate to have our own farm giving real-world experiences to students on the farm while producing produce for the district and community!



Located adjacent to William Penn High School, Historic Penn Farm, a Trustees of the New Castle Commons property, encompassing 115 acres, that has been a tenant farm since its inception in the late 1700s.

The proximity of such a unique and historic piece of land has allowed for a connection between the high school and the historic farm and an opportunity to link the current curriculum to hands-on learning.



William Penn High School
c / o Penn Farm
713 E Basin Road
New Castle, DE 19720

pennfarm@colonial.k12.de.us
www.colonialschooldistrict.org/pennfarm
www.facebook.com/WPPennFarm



**Connecting Students
to Agriculture**

**Farm to School
Community Supported Agriculture
Farmers Market**

**CSA Pickup & Farmers Market
Tuesdays 12-5 @ Wheelys Farmstand**





What is Community Supported Agriculture

Community Supported Agriculture (CSA) is a popular way for consumers to buy local seasonal food directly from a farmer.

A farmer decides on the number of shares he will make available to the public. Consumers then purchase these shares and in return, they are given a percentage of seasonal produce for the set timeframe. Depending on the farm there may be more than one type of share available.

Advantages for the Farmer:

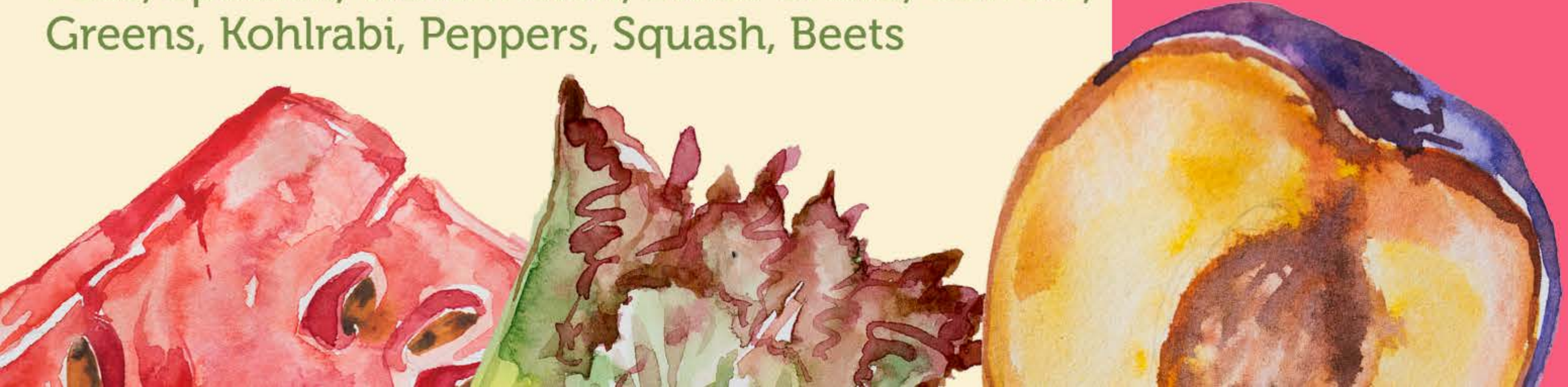
- Early marketing of product
- Receive payment early
- In person interaction with the people eating his product

Advantages for the Consumer:

- Eat ultra-fresh, flavorful, local produce
- Exposed to new, great-tasting vegetables
- Develop a rapport with the farmer who is growing for them.

What we Grow

Broccoli, Chard, Herbs, Lettuce Potatoes, Tomatoes, Cabbage, Cucumber, Kale, Onions, Radishes, Turnips, Cantaloupe, Green Beans, Peas, Spinach, Watermelon, Swiss Chard, Carrots, Greens, Kohlrabi, Peppers, Squash, Beets



Penn Farm's CSA Program

The CSA at Penn Farm runs for 10 weeks,
June 20 - August 22

A share will provide almost enough vegetables for a family of 4 each week.

Cost: \$200 for 10 weeks of produce

Pickup Location:
Wheelys Farmstand Cafe
791 Frenchtown Rd. E.
New Castle, DE 19720
on
Tuesdays from 12-5

Checks made out to Penn Farm
can be sent to
Colonial School District
c/o Penn Farm
713 E Basin Road
New Castle, DE 19720

To join and for
more information:

www.colonialschooldistrict.org/pennfarm/csa



Farm to School

All produce is grown from non-GMO seeds. We grow naturally and only use organic fungicides and insecticides when needed. We use many practices to make our vegetables better for the environment and healthier for you.

Common Practices Used

Crop rotation, Cover cropping, High diversity, and Integrated pest management

Future Farmers of America

The William Penn FFA Chapter creates amazing experiences for students at the high school level. While involved in the agricultural experience at William Penn High School, each student has the opportunity to join the FFA program.

The opportunities presented by the FFA are unbelievable and cannot be compared to any other. Our FFA program is different because students get hands-on learning and training at their very own farm while learning about the "agriculture side" of themselves.

