Shared with

All,

The doc/content for the staff update for this week is below. Please have everything you would like to share this week in the doc by end of day Wednesday, March 8 2023

Important Information:

Staff Update: 3/2/23

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Happy Thursday Colonial Nation-

We bring another awesome week to a close, but rain, rain, rain is on the way. We hope those William Penn Colonials are raining three's tonight as they take on Howard in boy's basketball semifinals! Good Luck gentlemen!

Sincerely, The District Leadership Council

Weekly Words of Wisdom

"The Only Thing I Do Know Is That We Have To Be Kind. Please, Be Kind. Especially When We Don't Know What's Going On."

- Waymond Wang

Everything everywhere all at once

Dates to Know:

- 3/14- Board Meeting at William Penn- 7:00PM
- 3/16-18- Penn Players Musical
- 3/24- Staff Development day and end of 3rd MP
- 3/30-31- Conferences for students

Colonial in the News

• **"His specific school district provides all those tools to bridge that gap"** Carrie downie parent Sarah Luoma spoke with NBC News on Covid Learning Loss and how her son, Chase, is thriving thanks to a partnership Colonial has with Reading Assist.

Article: https://www.nbcnews.com/news/amp/rcna73720

• Three former William Penn High standouts among those to be enshrined in the Delaware Baseball Hall of Fame

https://www.delawareonline.com/story/sports/high-school/2023/03/09/del aware-baseball-hall-of-fame-inductees-include-former-phillies/6998055500 7/

Equity ERA: Engage-Reflect-Act (Part 1)

Title-Exploring Identity and Bias-Who am I, and How Does This Impact the Way I See Others?

Description-Participants will spend time exploring their individual identities in order to become more aware of the ways their identities and experiences affect the way they perceive, interact with, and impact others consciously and unconsciously.

Register Here:



http://www.colonialschooldistrict.org/blog/we-change-the-odds-spring-2023-spea ker-series/

Staff can register in <u>DSC#108191</u>

Equity ERA: Engage-Reflect-Act (Part 2)

- Engage: Article: In Focus: International Women's Day
- <u>Reflect</u>: Who is a female mentor in your life?
- <u>Act</u>: Do something to show your appreciation of women in your life

March is National Women's Month!

In honor of National Women's Month, check out this video, <u>Faces of</u> <u>Women in Mathematics</u>. (about 14 min) Your female students can see themselves as mathematicians!!



Recruiting

WE Recruit!

Delaware Tech is hosting its Spring Campus Visit Day on Saturday, April 1, 2023 from 10am-1pm. Click <u>here</u> to view the postcard about the event . This is a great opportunity to register for Fall classes, tour the campuses, attend quick admissions and financial aid presentations, and meet the staff. Please share this awesome opportunity with your family and friends! Visit go.dttcc.edu/programs to view a complete list of programs and campus locations.

Human Resources

2022 Pension Statements Are Available

The 2022 Comprehensive (Pension) Annual Statement is available to view through My.Delaware.gov for all employees.

The statement is provided to all active employees covered by a plan administered by the Delaware Public Employees' Retirement System. The information on the statement is cumulative through December 31, 2022. Prior year statements beginning in 2018 will continue to be accessible. The Comprehensive Annual Statement includes six (6) separate blocks of information. Each box can be explained by reviewing the

https://www.smore.com/jyk10-online-annual-pension-statement newsletter.

Navigation Instructions:

- Log into My.Delaware.gov
- Click on Annual Statement
- Click on Comprehensive Statement
- Click View

After viewing and/or printing, close the PDF window and **sign out** of the Annual Statement area. Failure to **sign out properly**, will send the system in protective

mode which will hinder your ability to log back in later.

As a defined benefit pension plan, your pension is based on your compensation and service history and is not directly impacted by individual investment returns. The System remains strong, and your pension benefits are secure – despite market challenges this past year.

Thinking of Retiring?

If you are planning to retire within the next 2 years, please attend the Pre-Retirement Planning Zoom Meeting on **Wednesday, March 29, 2023** at 4 pm. Employees can register for this workshop on DSC at **107730**. Be sure to have your Annual Pension Statement available for this meeting. If you need assistance accessing this information, please contact Darcel Porter, HR Secretary at Darcel.Porter@colonial.k12.de.us. Register for this workshop prior to **March 27, 2023**, the HR team will conduct preliminary research for each participant prior to the workshop.

Deldra Gregory-Colvin is inviting you to a scheduled Zoom meeting.

Topic: Pre-Retirement Meeting scheduled for 4 pm

Time: Wednesday, March 29, 2023 PM Eastern Time (US and Canada)

Join Zoom Meeting

https://colonial-k12-de-us.zoom.us/j/91887671082?pwd=UWtMVGZ0cml2 Y3ZpWFJNanFyUnVFQT09

Meeting ID: 918 8767 1082

Passcode: 775090

Please remember that employees should provide at least 4 months' notice. Due to changes in Federal Guidelines, employees/spouses who are 65 or older, are strongly encouraged to provide 6 months' notice.

Health and Wellness

MERU HEALTH - Online Mental Care

Employees who are enrolled in one of the State of Delaware healthcare plans now have access, at no cost, to Meru Health, an online mental healthcare provider that takes a holistic approach, combining behavioral science, technology, and human support to meet your mental health needs. Meru Health is a 12-week, app-based therapy program proven to help participants learn how to effectively reduce anxiety, depression, and burnout, all through the convenience of your smartphone.

Members (employees who are enrolled in one of the State of Delaware's healthcare plans) are able to participate in the program through a self-referral or a provider referral. Once enrolled, participants will take a self-assessment on the Meru Health app and schedule a video call with one of Meru Health's therapists to develop a personalized treatment plan based on their unique needs and goals. The 12-week program has a different theme each week, and as participants progress from week-to-week, new activities are unlocked, such as educational videos, tools, and practices to help throughout the journey. Meru Health also supplies each member a wearable device to help with biofeedback practices, such as breathing exercises. Participants have access to their assigned therapist as well as a peer support group with individuals on the same journey throughout their 12-week program.

If you are interested, visit the <u>Meru Health</u> webpage, click "sign up," and enter "State of Delaware" to get started

Student Services

Schools

Extended Learning

WEexceed! Free Tutoring For CSD students grades 3-12.



WEexceed Summer! Summer Learning in Colonialhttp://www.colonialschooldistrict.org/academics/summer-learning/

WEexceed Afterschool Spotlight!

McCullough Middle McCullough Middle School WINNERS & the Delaware Afterschool Network celebrated after school programming on February 14th!

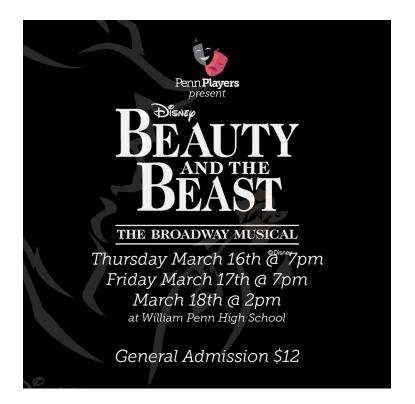




New Castle Elementary School CollabClub-

CollabClub combines SummerCollab's three signature programs (Community Mentor Network, LitCorps and Tyler's Camp) to provide additional academic support and enrichment opportunities.





Tickets available at

http://www.colonialschooldistrict.org/williampenn/penn-players-present-beautyand-the-beast/



