



Parents as Teachers

Parents as Teachers (PAT)

A FREE EARLY LEARNING PROGRAM FOR PARENTS OF CHILDREN FROM BIRTH TO AGE 5

You will learn how to:

Recognize your child's ever-changing abilities and how you can encourage learning, teach language and social skills, and encourage intellectual development and problem solving, choose the best toys for stimulating curiosity and creativity, and discipline fairly and firmly.

Give your child the best possible start in life!

You will have many questions about raising your baby. What should he be doing? Is he behind or ahead of other children? How can I teach him? The Parent Early Education Center (PEEC) can answer your questions.

The "Parents as Teachers" (PAT) Program will help you raise a bright, happy child. PAT provides you with information on your child's development and activities that will build language, thinking, social and motor skills.

Parents as Teachers offers you:

PERSONAL VISITS BY PARENT EDUCATORS: A parent educator will visit you in your home. She will explain each stage your baby is going through and how to encourage the best growth at each. Your parent educator will also provide educational information on developmental milestones, and answer any questions that you might have.

GROUP MEETINGS: Throughout the year, parent educators coordinate and supervise group meetings in which parents can share concerns, ask questions, gain information and socialize with other parents of similar-aged children.

PLAY GROUPS: Play Groups are fun for parents and children. These centers help children learn how to interact socially with others and develop physical coordination.

ACTIVITY NIGHTS: Monthly evening activities are scheduled and supervised by parent educators where age appropriate developmental activities are offered for children and their parents/guardians

PERIODIC SCREENINGS: Individual periodic screenings include formal hearing and vision tests, speech and language screening, and checks on fine and gross motor skills development.

Take the first steps to school success:

- Play with your child
- Read books and engage in conversation
- Limit TV, video games and computer time
- Encourage healthy eating
- Point out letters and numbers
- Establish daily routines
- Provide your child with experiences with crayons, pencils, scissors, and play dough
- Encourage independence in dressing, eating, and using the bathroom